

WEDDINGS

Relax & let us take care of those final touches.

Pre-make up & hair trial

Mini facial

Manicure

Pedicure

Practice make up		28.00
Practice hair up	from	32.00
Make up on day		35.00
Hair on day	from	40.00

Package

Practice and On-Day	200.00
Make up, hair up, mini facial, manicure & pedicure, plus eyebrow shape. <i>This includes practice hair and make up</i>	

Bridal Hair or Special Occasion

Practice Bridal Hair	from	32.00
Hair Up - On Day	from	40.00
All other occasions	from	30.00
Add £7.00 for use of straightener		

Prices may vary subject to clients choice of hair treatment

We can offer Hotel Guests, Ladies and Gents wet or dry cuts or Cut Blowdry in your rooms.

MANICURE

Removal of Gel Nails 14.00

Nail Extensions

Gel & Acrylic nails		34.00
Nail Gems	from	25p/each
Infills		20.00

Shape & Polish 12.00
(French manicure £2.00 extra)

Therapeutic Manicure 19.00

Promotes natural nail growth with a unique combination of protein & conditioners. Proven to help nails that are inclined to peel break or split.
(French Polish £2.00 extra)

Pedicure 21.00

This treatment leaves your feet feeling totally pampered. Includes lower leg massage.

Minx

A solid film with an adhesive backing that is heat activated. The heat gives Minx the conformability to fit over the compound curve of a nail, and seals the film onto the bed. 20.00 per set

WAXING

The safest professional hygiene & disposable waxing system in the world

1/2 Leg Wax 20min.	15.00
Full Leg 45 min.	22.00
Full Leg & Bikini Wax 1hr.	30.00
Lip or Chin Wax 15 min.	6.50
1/2 leg & Bikini Wax 30min.	20.00
Lip & Chin Wax 15min.	10.00
Bikini Wax 15min.	9.00
Back & Chest waxing	20.00
Under Arm Wax 15min.	8.00

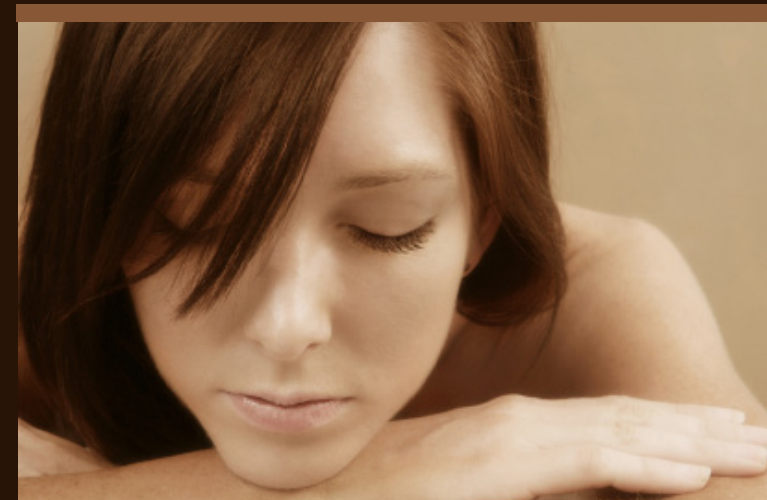
The
green lawns
Hotel & Restaurant

SAMPLE

Garras
Health &
Beauty Room

For all Salon bookings call
07967635350 01326 310504

Green Lawns Hotel, Western Terrace,
Falmouth, Cornwall TR11 4QJ



MASSAGE

Reflexology 1hr. 34.00 per session
Holistic treatment to stimulate the reflex points and bring about a balance within the body. By applying pressure with the hands to the reflex areas of the feet the reflexologist can locate blockages and imbalances, which can be corrected, thus restoring the flow of the body's natural healing energies. Can be used as a one off treatment, but the results are more effective if treated on a regular basis. Book five and get a sixth free.

Aromatherapy Full Body Massage 1hr. 44.00
Choosing from Detox, Destress or Stimulate. This massage has amazing effects on mind & body. *This treatment can be followed by an Aromatherapy Facial for an extra £20.00.*

Full Body Massage 1hr. 42.00
Pure relaxation! From the soles of your feet to the crown of your head, for a deep massage to release tension from tired muscles.

Indian Head Massage 25mins. 26.00
This traditional massage has been passed down through generations. You too can benefit from the combination of massage techniques that will leave your scalp, neck & shoulders free of aches, pains & tension.

Back Massage 25mins. 28.00
Focusing purely on the back & shoulder area to relieve tension & aching muscles. For an extra £5.00 we can incorporate a back exfoliation & deep heat mask into a massage treatment for the ultimate pamper.

Full Body Exfoliation 30.00
This is a luxury full body exfoliation to help reduce all dead skin cells. Finished with a moisturising body souffle.

All treatment times include consultation

FACIALS

Face Map 15mins Free
The new approach to skin analysis of every aspect of the clients skin. The face is divided into 14 zones & each zone examined to provide an objective view of the skins condition. If you have concerns about your skin this is the first step to looking after your skin.

Express Facials 45mins 25.00
Suitable for people on the go & would like a quick "pick me up". Includes face map, cleanse, tone, exfoliation, mask & moisturises.

The Dermalogica Face Treatment 60mins 30.00
This treatment forms the foundation of dermalogica's selection of services. This treatment is truly revolutionary because it's customized at every step by the skin therapist, based on the "Face Mapping" skin analysis. The treatment will be unique to each individual client by using Dermalogica's unique Botanical Mixers throughout the step-by-step process to provide additional benefits to the client's skin.

Power Regeneration Treatment 70mins 38.00
This is the most powerful Dermalogica treatment for clients concerned with the signs of aging. Ideal for prematurely aging, dry, sun damaged & aging skin that needs nourishment, regeneration & energizing. There are immediate visible results on the skin from using the MultiVitamin Power System, Contour Masque & unique energising massage techniques.

Aromatherapy Facial 1hr. 32.00
Our most popular facial includes head, neck & face massage. An hour of pure relaxation.

All facials include face mapping

Book five facials in any 12 month period and receive the sixth free.

This offer excludes any other discount

OPENING TIMES

Monday	9am -4pm
Tuesday - Friday	9am - 6pm
Saturday	9am - 5pm
Sunday	10am - 2pm

Evening bookings available by request

